

# COPD PATIENT EMPOWERMENT

Scientific evidence and quality of life in COPD



A systematic review aimed at patients, family members and caregivers

## Methodology

The goal of this project is to support decision-making in respiratory health, based on scientific evidence and the daily life of the COPD patient.

As such, we have adopted the systematic literature review methodology proposed by Muka[1] which through 24 stages involves different profiles and guarantees a systematic, relevant, multi-focused, directly applicable, and action-oriented collaborative result.



Figure 1: Summary of Muka et al 2019 verification guide.

## Algorithm of selection

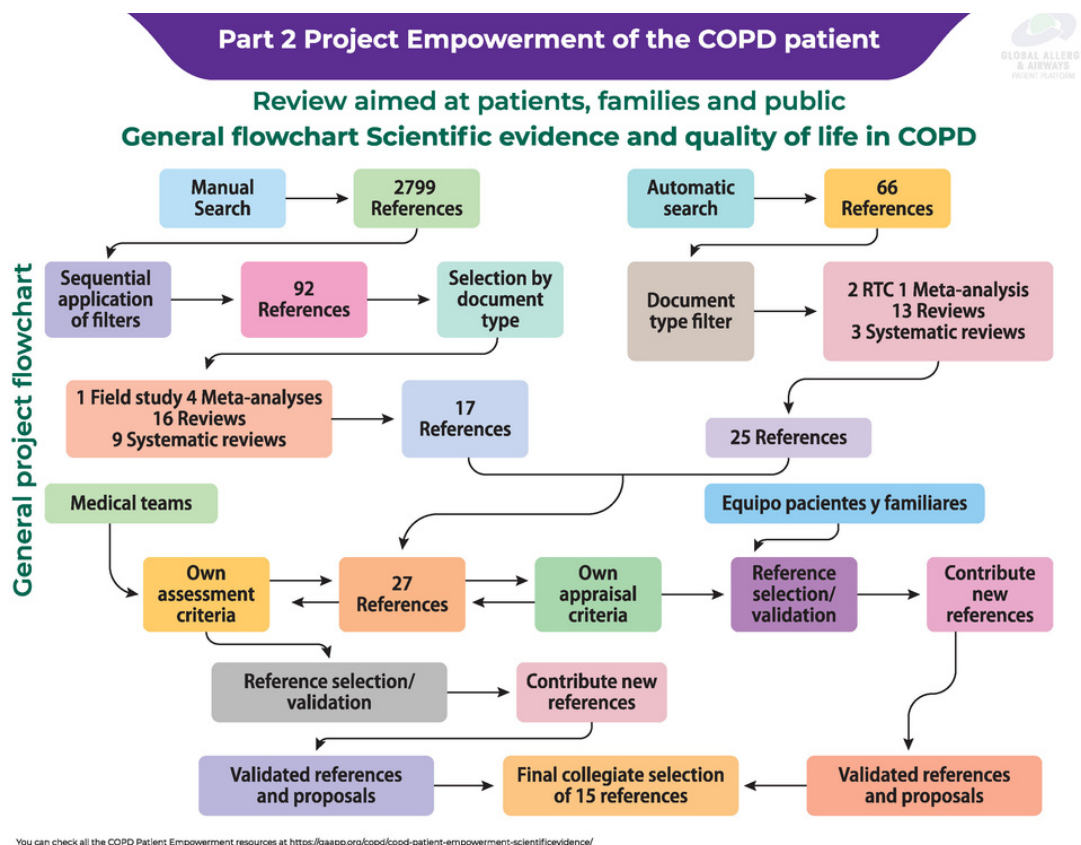


Figure 2: Flowchart Phase 2 COPD Patient Empowerment Project

[1] Muka T, Glisic M, Milic J, Verhoog S, Bohlus J, Bramer W, Chowdhury R, Franco OH. A 24-step guide on how to design, conduct, and successfully publish a systematic review and meta-analysis in medical research. Eur J Epidemiol. 2020 Jan;35(1):49-60. doi: 10.1007/s10654-019-00576-5. Epub 2019 Nov 13. PMID: 31720912.